



a quarter's worth

A WORTHY WELCOME

Lecturers and Grange members all,

I spent 50 amazing days this summer and fall with Incident Management Teams assigned to large wildfires in both California and Washington. These assignments provide each of us with challenges to mitigate and overcome as well as with opportunities to grow and to learn as professionals, as teammates and as individuals.

Although the days are long (16 hours) and often the conditions are less than desirable no one wants to be anywhere else. Actually, it feels like the Team gains strength as the days go by – this in turn causes each of us to work harder to carry our portion of responsibility.

I find myself thinking about the interactions and dynamics of our high functioning, highly reliable and creative IMT often.

Even more often I find myself thinking about how I can apply the lessons learned from my

My Grange isn't meeting during the pandemic! What can I do as Lecturer?

BY JACKIE BISHOP

Lecturer, Michigan State Grange

The pandemic has had a significant impact on Grangers who looked forward to the regular meetings to socialize and catch up, and to perhaps learn a few things during the Lecturer's Program. So, you might be saying, I can just rest for a while! I challenge you to consider ways to continue to make contact with your members. Here are some possibilities:

- Have a box available outside your hall that is weather proofed where you put some "neat things" that could be picked up by members and/or non-members. I am thinking in terms of an old milk delivery box, but there are lots of options. Our church did this as a means of providing information for kids to have at-home Bible School activities during the Summer. What works for the Grange? Possibilities might include jokes or small craft kits. With the holidays coming up there are quite a few options here. You might consider collecting a few recipes appropriate for the Fall and Winter season and make those available, maybe even asking for results if they were used. Maybe these things could even be copied on colored paper for more visual interest.
- Get on the telephone to talk to members. There is almost more craving for personal contact during the pandemic than before, because we don't have the same options. This doesn't even require a specific message or "educational" content. What's important is the contact that shows a caring attitude.
- For those who are more technologically savvy, you might even consider creating a video – your choice of content that could be posted at your Grange Facebook or website page. If you have a Grange Facebook page, recommending to the Administrator posts that could be made would be a great way to reach even beyond your members.
- Create a mini-contest for your members only. This could be similar to the creative writing or the photo contests, but could also be some kind of craft or other contest that would excite your membership. This is a means of giving recognition to people, which is another area many have missed during the pandemic.
- If you have members that are into writing letters regarding issues to newspapers, congressman, organizations, or businesses, provide a couple skeletal letters that each person could modify as desired. Again, these might be made available in the "box" mentioned above.
 - Be creative, and come up with your own ideas!



National Lecturer's Challenge

I challenge each and every one of you to set a New Year's Resolution to ask someone in your community to join your Grange. To kick it up a notch ask someone different every quarter.



Q1 2021 DEADLINE

Deadline for submissions for A Quarter's Worth, First Quarter edition is February 1. Send ideas, tips, notices and other content options to National Lecturer Chris Hamp by email at lecturer@nationalgrange.org or contact her by phone at (509) 953-3533.

WELCOME ... from page 1

IMT assignments and teammates to my Grange world. The following three questions always rise to the top and guide my efforts:

1. How can I/how do I better ensure that new Grange members desire to become Grangers?
2. How can I/how do I better motivate members to always be striving to make tomorrow better?
3. How can I/how do I better make sure that Grange is FUN for every member?

Thanks for all you do.

Christine Hamp
Lecturer
National Grange

Creating Barn Quilt Blocks can be fun project and fundraiser for Granges

*Submitted by Bonnie Mitson
Lecturer, Idaho State Grange
Member, Lecturer's Advisory Board*

Winter has arrived in North Idaho and I currently have 4 inches of snow covering my flower bed. So, with no outside chores to do I am looking for a warm fire and a project that I can do inside the garage.

I love working with wood, so I think I will turn my energy from cloth quilts to wood quilting.

I was thinking that many of you may also be looking for a fundraiser for your Grange. One suggestion is to create and sell wooden Barn Quilt Blocks (BQBs).

Start with a small piece of plywood. Your favorite home project store will most likely make the cuts for you, if necessary.

With a pencil and ruler draw any design you like, then paint away. One idea is to make coffee cup coast-sized wooden BQBs and have your Junior members paint them for your Grange fundraiser.

Or make larger BQBs and sell them to other Granges, other organizations with buildings or community members.

Personalize your BQB with something that makes your Grange special to the community. My Grange used to be a schoolhouse. I think that is a great place to begin – a schoolhouse block.

You can create professional-grade BQBs by using sign grade plywood that has been primed. You may need to order this ahead of time.



In 2018, National Grange Communications Intern Federica Cobb peels away painters tape on a quilt block she created at PA Family Fest.

Paint with exterior solid color oil-based house paint. You may need to apply three (3) coats of paint to really make it sharp and bold looking.

Remember, this does not need to be a lonely adventure.

A phone is a useful tool, I use it to call my Grangers and recruit help. Maybe one person can choose designs, while yet another might get the plywood, and another might do the drawings, while yet another does the painting. You can figure out a schedule or plan so social distancing is maintained.

Let us all have fun this winter. Spring will come and we will be back in our gardens soon.

Planning part of Lecturers charge to provide exciting, enriching programs

Submitted by Diana Nordquest

Lecturer, Ohio State Grange

Whether you are a new Lecturer or an experienced Lecturer, it is important to always be looking for program ideas. If your Grange holds a yearly planning meeting, ask for some time to brainstorm program ideas. Keep a list of topics that members suggest, plan your program topics and then work on developing your programs.

When your Grange meets keep your programs engaging, entertaining and fun. Provide an activity if possible for them to take home. It could be a puzzle or game, something to prepare for the next program or part of a community service project. What about dividing your membership list and have members send cards, make phone calls or make other contact with the members on their list.

It is fine to steal (use) ideas from other organizations and Granges. If your State Lecturer shares programs with you, read through the program and look

for ways that you might adapt the program to fit your members. I found a Thanksgiving idea while reading a book. Each member is asked to bring something that they are thankful for to the meeting. When they arrive, they place their item in a large cornucopia. During the program, one item is pulled from the cornucopia and the member tells why they are thankful for the item. It could be a picture, tool, food, etc. I would suggest having paper close to the cornucopia for members to write or draw something, if they forgot to bring something. That way everyone is included.

The National Grange Community Service and Activities Facebook page is full of ideas from other Granges who have been creative through this trying time. If you want more information about a specific idea, ask a question on their post. Grangers love to talk about what they are doing.

Lecturers, remember to stay positive and enthusiastic! To paraphrase the installation charge, we are to encourage our members to develop their talents and direct them to use their talents to greater usefulness.

GRANGE PROGRAMMING & CONTEST IDEA EXCHANGE

BENEFIT OF PLANTS

Submitted by Fayerene Smith

Lecturer, Texas State Grange

With the first cold snap of the season in south Texas, I think of the seed catalogues we will soon receive and also the convenience of Google search to find anything we want to know about plants online. For instance, having plants in the home has environmental benefits. According to Project Green, plants help to remove pollutants from the air. During the process of photosynthesis, the flower's leaves absorb carbon dioxide and release oxygen into the air. This year is especially a time to recognize this benefit and surround ourselves with indoor plants. The color of plants can also improve our morale.

For the Christmas season, I enjoy grouping together several plants – a small Norfolk pine tree, Christmas cactus, poinsettia, amaryllis, red geranium and rosemary. They look beautiful on a table or in a corner and provide the above mentioned benefits. Also, rosemary in the house is convenient when cooking. The plants may cost less than a live Christmas tree! Support your community florist or nursery.

A tribute to each deceased member can be placed on the altar or other appropriate place when their name is read. Tribute ideas could include flowers, candles, small flags, houses, Grange emblems, lighthouses or the toiling of a bell. Those lost while serving our country and friends and family can also be remembered.

Remember the goal of the memo-

rial program is to honor those members that we have lost.

A HOLIDAY IDEA

Submitted by Scott Nicholson

Lecturer, Montana State Grange

As COVID-19 lingers and more and more of our meetings, events, community service projects and community outreach programs are being cancelled or held virtually, I am seeing Granges and Grangers having more and more difficulty in finding ways to be active and relevant.

Over the Halloween weekend I saw on Facebook that there were Granges that hosted "Tailgate Trick or Treating" opportunities for their communities. What an idea! I wish that idea had been shared in a timely enough manner that more of us

who are not so creative could have considered doing this event as well.

So, with Halloween behind us, what's next? What can we do for our members and maybe include our communities? How about hosting a virtual Christmas Scavenger Hunt? This could be done in many ways, utilizing the technologies we all have been forced to be more proficient with. I see building this around things found and maybe unique to your area accessible via car; reported via text or email and the hunt ending with drive through hot chocolate and cookies at your Grange hall. I know that this is just a rough idea that will require time, planning and work to accomplish but think of the fun and involvement that your Grange could have in bringing a project like this to reality; even if you have to plan it virtually.

For people not able to leave their home, a scavenger hunt using household items would also be an option.

PLAN WINTER BIRD PROGRAM

Submitted by Ethan Edwards

Lecturer, Illinois State Grange

I'm in the process of clearing my parents' house and reviewing a lifetime of memories and information. A slew of warm memories were revived when I discovered a packet of letters between my grandmother and a dear Shiloh Valley Grange friend, Alice Rieder. For a number of years Grandma couldn't get out much, but

Alice wrote cards faithfully to stay connected, and Alice being an avid birder, her notes were filled with observations about the myriad birds that assembled among her many feeders during the winter months. It was a particular delight for Grandma to read those letters aloud to her grandchildren and we'd often look up the birds mentioned in a bird book we had.

Times have changed, but birds remain fascinating and indispensable creatures in our world. Due to changes in climate, loss of habitat, and effects of chemicals in our environment, bird populations have been shrinking at an alarming rate. As we head into winter, the subject makes an ideal topic for a program to interest our members of all ages. You should use local resources and interests as much as possible, but here are some great resources and some ideas for elements to create a program.

Learn about what YOU can do to help birds

The Cornell Lab of Ornithology is a wonderful institution dedicated to protecting our natural world and hosts some wonderful resources on its website. They have a powerful resource that provides an ideal level of content for a program with concrete actions called "Seven Simple Actions to Help Birds" (<https://bit.ly/qw1-4bird>). It provides 7 actionable steps we can all take to aid birds with straightforward descriptions of the challenge for birds, the cause, a practical solution, and suggestions for further actions. The site includes an attractive tri-fold pamphlet to share with your members.



PRO-TIP

BY AMANDA BROZANA RIOS
Past National Lecturer

Look to your friends who have not yet joined the Grange to give you some ideas for programs that may be of interest to the community. They may offer to help or attend and have a great introduction to the Grange in the process.

The fresh perspective and new program topic or approach by potential members - your neighbors and friends - may give your members a new purpose or new insight that makes their membership even more valuable.

A SONG FOR 2020

*First Place Winner, Ohio State Grange Write-A-Song Contest
Written by Beverly Foutz, Collinsville Grange #2264*

THE VIRUS

To be sung to the tune of "Jingle Bells"

(Verse 1)

A month or two ago, to Grange I th
And then to my surprise, D'Wine c
Shelter now in place.
Do not touch your face.
Keep your distance six feet wide.
Pray and stay inside.

(Chorus #1)

Oh, Wash your hands. Wash your h
Singing all the time.
Oh, how fun the lyrics are
Listen to them rhyme.
Oh, sanitize, sanitize
Wash your germs away.
Exercise, exercise
Get up and move each day!

(Verse 2)

So now what do we do?
Feeling rather blue.
Call and text my friends
Until "The Virus" ends.
Just lend a helping hand.
Do everything you can.
Sew some masks and do your part
Till love spills from your heart.

(Chorus #2)

Oh, disinfect, disinfect
Scrub your counter tops.
Clean your mail and groceries
And don't forget to mop!
Oh, there's no Grange, There's no
Don't be sad my friend.
Our God is good and without fail
This will surely end!



BRAIN TEASER

Submitted by Scott Nicholson

Lecturer, Montana State Grange

The passenger steamer SS Warrimoo was quietly knifing its way through the waters of the mid-Pacific on its way from Vancouver to Australia. The navigator had just finished working out a star fix and brought the master, Captain John Phillips, the result. The SS Warrimoo's position was latitude 0 degrees x 31 minutes north and longitude 179 degrees x 30 minutes west.

The date was 30 December 1899. Know what this means? First Mate Payton broke in, we're only a few miles from the intersection of the Equator and the International Date Line.

Captain Phillips was prankish enough to take full advantage of the opportunity for achieving the navigational freak of a lifetime. He called his navigators to the bridge to check and double check the ship's position. He changed course slightly so as to bear directly on his mark. Then he adjusted the engine speed. The calm weather and clear night worked in his favor. At midnight the SS Warrimoo lay on the Equator at exactly the point where it crossed the International Date Line!

The consequences of this specific position were many. The forward part of the ship was in the Southern Hemisphere and the middle of summer. The stern was in the Northern Hemisphere and the middle of winter. The date in the aft part of the ship was 31 December 1899. Forward it was 1 January 1900.

This ship was therefore not only in two different days, two different months, two different seasons and two different years but in two different centuries-all at the same time.

Consider replicating program to encourage members to get active

BY EMMA EDELEN

Lecturer, Iowa State Grange

Something that I wanted to try in Iowa for next year with New Year's Resolutions coming up soon was a "Let's Get Active" program that had a tiered system with each level getting progressively more competitive.

This summer during COVID-19, a friend and I did virtual marathons where we walked themed 3K's, 5K's, and a 10K's for fun. All of them we paid for, some went to a foundation and others we got a runner's bib or a medal for, but it was all fun.

I was thinking maybe for this coming year, why not do something similar, where there are levels with different activities and lifestyle goals.

As an example, see the chart to the right.

With everything that is going now, it is important, both physically and mentally, to keep ourselves active. While this is more so for the physical aspect, a strong and active body means a healthy, active brain. Find a friend to do these activities with or someone to help keep you motivated! If you find yourself getting stuck, that's okay! Just take a breather and take a break, you deserve it – take those rest days and relax. Remember, stay in motion and keep on moving forward! Have fun and good luck everyone! We got this!

LEVEL 1 PRIZE

Ex. "Let's Get Active, Grangers" runner's bib

pick 3

- Walk/run/hike a 3K (1.9 miles) (does not need to be all in one trip – can be spaced out)
- Worked out 30 minutes 3x/week for 1 month
- Healthy, well-balanced home cooked meals 3x/week for 1 month
- Drink 6 8-oz glasses of water/day
- 10 minutes of yoga/tai chi/etc... 3x/week for 1 month

LEVEL 2 PRIZE

Ex. "Let's Get Active, Grangers" pin (I was going to make my own by hand)

pick 3

- Walk/run/hike a 5K (3.1 miles) (does not need to be all in one trip – can be spaced out)
- Worked out 30 minutes 4x/week for 1 month
- Healthy, well-balanced home cooked meals 4x/week for 1 month
- Drink 8 8-oz glasses of water/day (half a gallon)
- 20 minutes of yoga/tai chi/etc... 4x/week for 1 month

LEVEL 3 PRIZE

Ex. Grange Items

pick 3

- Walk/run/hike a 10K (6.2 miles) (does not need to be all in one trip – can be spaced out)
- Worked out 30 minutes 5x/week for 1 month
- Healthy, well-balanced home cooked meals 5x/week for 1 month
- Drink 12 8-oz glasses of water/day
- 30 minutes of yoga/tai chi/etc... 4x/week for 1 month

LEVEL 4 PRIZE

Ex. Apparel, maybe a t-shirt

pick 3

- Walk/run/hike a 16K (9.9 miles) (does not need to be all in one trip – can be spaced out)
- Worked out 30 minutes 5x/week for 1 month
- Healthy, well-balanced home cooked meals 5x/week for 1 month
- Drink 16 8-oz glasses of water/day (one gallon)
- 30 minutes of yoga/tai chi/etc... 5x/week for 1 month

Shout Out

Congratulations to the quilt block makers of Illinois – you donated more quilt blocks to our contest in 2020 than any other state, hands down!

Thanks to all the judges of all the contests for your considerable time, insight, expertise and efforts. I learn something from each of you every time and for that I'm truly grateful.

2021 Quilt Block Unveiled; early start on entries encouraged

You saw it here first!

I am excited to reveal the Pinwheel as the 2021 National Grange Quilt Block.

I hope that you give this new block a try and are able to learn a new technique or two. Please share it with your fellow members, friends and neighbors.

Remember, the greatest thing about making a quilt block is knowing that it will be joined with other blocks to make beautiful, one-of-a-kind handicrafts.

Every block counts!

2021 National Grange Quilt Block Contest



RULES

- A. The National Grange Quilt Block Contest is open to everyone.
- B. All contest entries must be received by the National Grange Lecturer by **October 31, 2021**. Send entries to:

Christine Hamp, National Lecturer
16418 N. Birdie Road
Nine Mile Falls WA 99026
- C. Any entries received after the deadline will not be judged. However, all entries received will be exhibited at the 155th National Grange convention in Wichita, Kansas.
- D. The quilt block you enter in the contest for judging must be made by you.
- E. There is no limit on the number of quilt blocks a person may submit, but choose one quilt block per person to be judged.
- F. All entries will be retained by the National Grange to be made into finished quilts and other items to be sold at a later date.
- G. A 2021 Quilt Block Contest Entry Form must be completed for the block to be judged.

GROUPS

- Group I – Adult (Age 14+)
- Group II – Junior (Age 13 and under)
- Group III – MEN (Age 14+)

PRIZES

- Monetary prizes will be awarded for 1st, 2nd and 3rd place in each Group.
- Ribbons will be awarded to all entrants.

PINWHEEL

Fabric: All fabric used should be cotton.

Constructing the Quilt Block:

Fabric A: Cut one (1) 8" square and four (4) 2½" x 8" rectangles. All plain white (not white-ish).
(The plain white is what will tie the blocks together into beautiful finished quilts.)

Fabric B: Cut one (1) 8" square of any color of your choice.

Fabric C: Cut four (4) 6" x 8" rectangles of the same fabric, any color or pattern of your choice.

All seams are ¼".

Step 1: Cut the Fabric A 8" square in half diagonally, each direction, creating four (4) triangles.



Step 2: Cut the Fabric B 8" square in half diagonally, each direction, creating four (4) triangles.



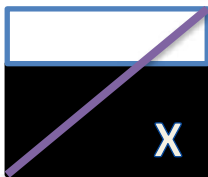
Step 3: Place a Fabric A triangle and a Fabric B triangle right sides together and sew together to form one large triangle. **Keep the white on the left.** Repeat to form all four (4) triangles.



Step 4: Place a Fabric A rectangle and a Fabric C rectangle right sides together and sew together to form one large square. **Keep the white on the top.** Repeat to form all four (4) squares.



Step 5: Lay a ruler across the square from **bottom left to top right** and cut into two (2) triangles. Set aside the bottom right triangle (not used in this block).



Step 6: Sew a Step 3 triangle unit and a Step 5 triangle unit together to make a 7¼" square. Make sure the white rectangle and the white triangle are in contact on the right.



Step 7: Lay out the four (4) squares to make the pinwheel. Sew together the top row, then the bottom row. Press the center seam for each row toward Fabric B. When you flip the second row upside down the seams will nest together for better accuracy in seam matching. Pin well. Press all seams. Clip and remove all threads.

Each finished quilt block should measure 14" x 14".

